

## **Transdiagnostic Influences on OCD, Anxiety, and Depression in Youth.**

Aim: To collect questionnaire data from 20-30 youth (aged 12-18 years) as part of a larger programme of research on transdiagnostic factors. The research is approved by the regional ethics committee. The 20 youth must be recruited from the community and be free of any current psychiatric disorder. Youth who agree to participate will be interviewed by a clinical psychologist (Matti Cervin) to insure they are diagnosis free. Eligible participants will be given a broad range of (paper-and-pencil) measures of anxiety, depression, psychological flexibility, intolerance of uncertainty, anxiety sensitivity (etc) to complete and return. The students who assist with recruitment and data entry will analyse the questionnaire data from the recruited participants and have access to the same data on an equal number of clinical controls for their thesis.

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